

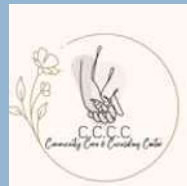


CONTACT US

Community Care & Counseling Center

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Gatekeepers Training

Suicide Prevention

Upcoming training dates

Saturday April 27, 2024, 10 am -noon

Friday May 24, 2024, 10 am -noon

Location: Community Care Counseling Center

Cost: \$50 per individual

Groups of six (6) or more \$35 per person

Groups of ten (10) or more \$25 per person

Cost includes certificate of participation and booklet

Maximum group size of 35 participants



Kaylene Scholl Henderson
Ed.D- Candidate, M.A.

Your instructor:

Kaylene is the executive director of the Community Care and Counseling Center. She holds her professional degrees in crisis, trauma, and disaster counseling.

Kaylene is the primary clinician at the center she manages and enjoys working with children and families. Her background in the systems of care and mental health is extensive with over thirty years of experience.

Kaylene is a certified QPR Gatekeeper Instructor

Verification of certification can be obtained at support@qprinstitute.com
888-729-7926

Our Mission

To save lives and reduce suicidal behaviors by providing innovative, practical, and proven suicide prevention training. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

What does QPR mean?

Q Question

P Persuade

R Refer

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide

Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor.

QPR can be learned in our Gatekeeper course in as little as two hours

As a QPR-trained Gatekeeper you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

What is a Gatekeeper?

According to the Surgeon General’s National Strategy for Suicide Prevention (2001), a gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide.

Gatekeepers can be anyone, but include parents, friends, neighbors, teachers, ministers, doctors, nurses, office supervisors, squad leaders, foremen, police officers, advisors, caseworkers, firefighters, and many others who are strategically positioned to recognize and refer someone at risk of suicide.

In short, the more people trained in QPR, the more lives saved.

Suicide Rates by State 2024 Oregon 889

[Suicide Rates by State 2024 \(worldpopulationreview.com\)](http://worldpopulationreview.com)

Suicide was the leading cause of death among Oregon youth ages 10 to 24 in 2018,