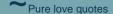


The other that changes you"





The center is paneled with numerous commercial and Medicaid insurance companies.

Ask about your specific policy coverage \*Scholarships Available



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## 544 Ferry St SE Suite 3 Salem Oregon 97301

971-707-4673

in fo@cccounseling center.org

www.cccounselingcenter.org

Thursdays 12:30- 2 pm



Registration is required to attend this group. The group will meet weekly with varied seasonal breaks.

This group is open for women who are experiencing chronic pain that lasts longer than three months.

This is an open group which means that new people may join at any time.

All group participants will be expected to comply with confidentiality requirements and agree to the set standards to ensure a safe environment.

Attendance is encouraged to be weekly but is not required.

Register at:

**Group Day and Time** 

Fridays from 12:30-2:00 pm

Location: Community Care and Counseling Center



The group will be led by Kaylene Scholl Henderson who is a mental health practitioner. Kaylene has lived life experience with chronic pain and has counseled many to help them understand the mind, body connection.

Each session will consist of approximately 30 minutes of training with the remaining times of training times.

Her primary goal is to create a ministry of presence

## **Psychoeducation**

Psychoeducation is an evidenced-based therapeutic intervention for those needing information, support, understanding, and skills to cope. This form of interaction allows for therapeutic engagement, education, and peer supports

## **Peer Support**

The group will consist of peers who are experiencing chronic pain, though their story may be different. The four components of the group are to:

Listening carefully

re perceived experience

## **Bing Videos**

The Effect of Chronic Pain on Mental Health