### PROFESSIONAL DISCLOSURE STATEMENT Helen Weber, M.A., NCC, LPC

Community Care and Counseling Center 544 Ferry Street NE Salem, Oregon 97302

503-201-2502

## Philosophy and Approach to Counseling:

I approach counseling as a consulting activity where the client has asked me to consult with him/her to assist them in understanding and responding positively to the needs they have. I generally function within rational emotive, human development and cognitive behavioral frameworks. As a Christian I am aware of the influence our values have on our individual and family functioning. I strive to assist clients in understanding, clarifying and applying their values to their own life needs. I subscribe to and will abide by the Codes of Ethics of the National Board of Certified Counselors, the Christian Association for Psychological Studies, and the Oregon State Board of Licensed Professional Counselors and Therapists.

## **Education and Training:**

BA in Social Science, Marylhurst College; MA in Counseling Psychology, Western Evangelical Seminary. Major areas of coursework include counseling, marriage and family therapy, sexual abuse/offending behaviors, trauma and psychopathology.

### Continuing Education:

As a Licensed Professional Counselor I am required to participate in twenty hours of ongoing continuing education, annually. This continuing education consists of professional seminars, workshops and conferences addressing issues and skills related to professional counseling.

### Fee Schedule:

I charge \$100.00 for a 50-minute counseling session. I charge \$150.00 for a 50-minute supervision session.

## As a client of an Oregon licensee, you have the following rights:

To expect that a licensee has met the qualifications of training and experience required by state law; \* To examine public records maintained by the Board and to have the Board confirm credentials of a licensee; \* To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100); \* To report complaints to the Board; \* To be informed of the cost of professional services before receiving the services; \* To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me; \* To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499 Email: <a href="mailtoct.board@mhra.oregon.gov">emailtoct.board@mhra.oregon.gov</a> Website: <a href="mailtoct.board@mhra.oregon.gov">www.oregon.gov</a>/OBLPCT

For additional information about this counselor or therapist, consult the Board's website

# Supervision Professional Disclosure Statement/Contract:

David Manock, Ph.D., M.Div., M.S. MFT, LMFT (T1238), Reg. Supervisor Found-President
Northwest Institute for Integrative Counseling & Training (NWIICT)
355 High Street SE, Salem, Oregon 97302, cell: 503.881.0513
davidimanock@gmail.com

### Philosophy and Approach:

I offer professional psychological services to individuals, couples and families. My primary clinical focus is couple's therapy utilizing Emotionally Focused Therapy (EFT) modality and Intersubjectivity Psychoanalysis (IS). EFT intervention consists in helping the distressed couple and individuals to form a new bond, which becomes an attachment foundation that empowers the couple and the individual to work through various relational and psychological issues. I also do psychotherapy informed by IS which is the fifth-generation psychoanalysis with its profound shift to two-person psychology. I have 40+ years of pastoral counseling experience working with individuals & couples and am qualified to do integrative counseling regarding people's Image of God (IOG), combing both psychological work and spiritual work within the framework of the Christian Faith. I do executive coaching assisting professionals (small business owners, pastors, LPC & MFT clinicians and graduate counseling students) to grow personally and professionally.

I also provide clinical supervision for registered interns and licensed counselors and therapists who are interested in developing theoretical and clinical skills utilizing my hybridized theory: EFT, IS and IOG with foundations in Neuroscience and Attachment Theory.

#### Formal Education:

I hold two Masters Degree: M.Div. from San Francisco Theological Seminary, and a M.S.MFT from Fuller Theological Seminary School of Psychology. I also hold a Ph.D. in MFT from Fuller. I have received Externship training from Dr. Sue Johnson at the University of Ottawa, Canada in EFT and advanced EFT training in Seattle. I served from 2006-14 as an associate professor at George Fox University in their Graduate School of Counseling. I served at Multnomah University as the Director of their master's degree program of counseling in 2014-2015. I am currently serving as the Founder-President of NWIICT, which conducts research, provide supervision, training & coaching and provide mental health counseling and therapy to a diverse set of clients.

### **Nature of Supervision**

Supervision is a place to develop the necessary skills, discernment, and practice of counseling to protect one's clients and become a competent practitioner. There are many styles and types of supervision. The model of supervision that I operate from is from the Intersubjective Model and Developmental Model, which adjust for and to the level of expertise of the supervisee. Upon entering the field we know what we know from school and quickly learn what we do not know. The clinical supervisor is there to help the intern to learn what we don't know that we don't know in a safe and supportive environment that allows the supervisee to be accountable